

# MAY 2017




## Dos Rios School

Union District Food Service Dept.

Mr. Milton Collins, Principal

School Office (623) 474-7000  
 Attendance (623) 474-7005  
 Cafeteria (623) 477-7033



Monday	Tuesday	Wednesday	Thursday	Friday
1. Banana Chunk Bar Sliced Apples Fruit Juice	2. Brkfst Burrito Grape Juice Fresh Banana	3. Early Release PBJ Wafer Sliced Apples, bag Fruit Juice	4. Blueberry Loaf Cheese Cubes Orange Juice Peach Bowl	5. Berry French Toast Apple Juice Mixed Fruit Bowl
California Burger Baked Beans French Fry Fruit & Veggie Bar	Soft Beef Taco Spicy Pinto Beans Fruit & Veggie Bar	Sack Lunch 	Roasted Chicken Mashed Potatoes Fruit & Veggie Bar	Pepperoni Pizza Green Salad Mix Fresh Veggies Fresh Fruit
8. Cheese Stick Cereal Bar Grape Juice Fresh Banana	9. EggCheese Slider CranRasp Juice Peach Bowl	10. Bagel with Cream Cheese Sliced Apples Fruit Juice	11. Banana Muffin Strawberry Yogurt Orange Juice Fresh Grapes	12. Maple Waffles Fruit Juice Orange Wedges
Cheese Enchiladas Spicy Pinto Beans Fruit & Veggie Bar	Asian Chicken Stir Fry Veggies Fruit & Veggie Bar	Twisted Ckn Alfredo Broccoli Florets Fruit & Veggie Bar	Beefy Chili Grn Chili Cornbread Fruit & Veggie Bar	Bean Burrito Chuckwagon Corn Lettuce & Salsa Mixed Fruit
<i>We offer 1% white and non-fat flavored milks at meal service.</i>		<i>Substitute menus are sometimes necessary.</i>		<i>"This institution is an equal opportunity provider and employer."</i>

**Friday, May 5th**

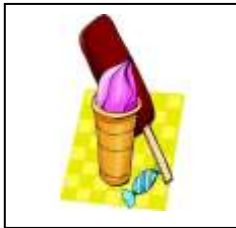


# SCHOOL LUNCH SUPERHERO DAY



Author Jarret Krosoczka has turned his former school Cafeteria ladies into Superhero in his graphic novels. Have you read one yet? What kinds of things do you think School Lunch staff do when you are not around?

Thank You - Julie, Guillermina, Martha, Cecelia, Valerie, Sylvia, Patricia & Lorena



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15.	16.	17.	18.	19.
Mgr's Choice	Fruit Frudel CranRasp Juice Applesauce Cup	Banana Bread Apple Juice Fresh Grapes	Breakfast Bar Peach Bowl Grape Juice	Maple Pancakes Fruit Juice Mandarin Oranges
Sloppy Jo Tater Tots Fruit & Veggie Bar	Chicken Pot Pie Fruit & Veggie Bar	Meatball Sandwich Baby Carrots Fruit & Veggie Bar	Cheese Crisp Spicy Pinto Beans Fruit & Veggie Bar	Pepperoni Pizza Green Salad Mix Fresh Veggies Chilled Fruit
22.	23.	24.	25.	26.
Orange Muffin Cheese Stick Orange Juice Applesauce Cup	Pancake Stick Apple Juice Mandarin Oranges	Strawberry Yogurt Bug Bite Grahams Fresh Fruit Fruit Juice	Egg Cheese Wrap Tropical Fruit CranRasp Juice	Mgr's Choice
Mgr's Sandwich Tater Tots Fruit & Veggie Bar	Chicken Fajita w/ Tortilla Spicy Pinto Beans Fruit & Veggie Bar	Beefy Pasta Garlic Breadstick Green Beans Fruit & Veggie Bar	Manager's Choice 	Sack Lunch Early Release  LAST DAY OF SCHOOL!!!



During the school year, kids get nutritious meals at school. Kids are just as hungry in the summer, when school is out! The Summer Food Service Program (SFSP) helps children and teens get the essential nutrition they need during the summer months. This summer we will serve breakfast and lunch to kids for free! Meals are open to all kids 18 years of age and under. No sign-up or paperwork is required.

Where? Dos Rios School

Dates? May 30 thru June 22, Monday - Thursday (closed Fridays)

Times? Breakfast from 7:45- 8:45am, Lunch from 11:15 - 12:15pm

Who? All kids 18 years of age and under

Cost: Free!

